
Abstract

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2 This invention provides a method/process of determining a personal dietary supplement profile
3 of vitamins, minerals, amino acids, enzymes, herbs, and other nutritional supplements for an individual
4 based on information from a health questionnaire and comparing the individual's health information
5 to an ideal health profile in a computer data base. Optionally, information provided by physical
6 examination and laboratory studies can be incorporated into the method/process of determining the
7 dietary supplement profile. The profile can be further defined by listing commercially available
8 products that provide the suggested dietary supplements.
